

CLIENT RESOURCE GUIDE



Your guide to activities, camps, and community supports available to youth and families with disabilities and behavioral health needs in Lane County. Call 541-686-5060 or visit www.directionservice.org



1144 Gateway Loop, Suite 200 Springfield, OR 97477 | 541-686-5060

Direction Service is a multi-program family support organization that has helped youth with disabilities and/or behavioral health needs since 1976. This resource guide is available at directionservice.org. You are welcome to copy and share it with anyone who may benefit. If you have questions, please call 541-686-5060 or email Angela Holt at aholt@directionservice.org. Inclusion in this resource guide does not imply an endorsement by Direction Service.

TABLE OF CONTENTS

(Updated 3/16/2026)

ACTIVITIES	PAGES 3-10
CAMPS	PAGES 11-19
COMMUNITY SUPPORTS	PAGES 20-47
EDUCATIONAL SUPPORTS	PAGES 48,49
EMPLOYMENT PROGRAMS	PAGES 50-54

Adaptive Recreation Services - City of Eugene

Provides year-round community-based recreational, social, and educational programs for Eugene area children, teens, and adults with disabilities. Participants are provided with the opportunity to develop new skills, enhance awareness of their community and natural environment, build self-confidence, and recognize personal potential. Inclusion services are available upon request (i.e., sign interpretation for individuals with hearing impairments, program modification, service animals, information in large print, adapted equipment). Individuals must apply and meet certain eligibility requirements. Scholarships available.

Contact:

2580 Hilyard Street
Eugene, OR 97405
541-682-5311

eugene-or.gov

Adventure! Children's Museum

The perfect indoor play option for small children! The Adventure! Children's Museum features many interactive exhibits including: a scavenger hunt, a flight test table, a Pacific Northwest camping experience, Shakespeare's Globe Theatre, building sets, a soft rock play area, an art room, a mid-century newsroom, a tree house library, and so much more. Some exhibits rotate seasonally. Private room available for birthday parties. Located in the upper level of Valley River Center, adjacent to Rife's Home Furniture.

Contact:

490 Valley River Center
Eugene, OR 97401
541-653-9629

adventurechildrensmuseum@gmail.com
adventurechildrensmuseum.org

Amazon Pool

Outdoor pool open May - October. Features a beginner pool, sand play area, hot tub, 50-meter by 25-yard pool, 5-meter diving tower, and a multipurpose pool with interactive play features including a water slide. Accessible to people with disabilities.

Contact:

2600 Hilyard Street
Eugene, OR 97405
541-682-5350

doug.r.smith@ci.eugene.or.us
eugene-or.gov/Amazon-Pool

Arc of Lane County - ESTEAM

ESTEAM provides classroom instruction and hands-on activities that will open youths' minds to different ideas and teach them how to be creative and flexible problem-solvers. With ESTEAM, youth will discover their strengths and interests and learn new skills, enhance critical thinking skills by learning how to identify, analyze and solve problems, and make new friends in a supportive environment. ESTEAM accepts private pay or pay through the Oregon Department of Human Services Employment-Related Daycare Program. Limited scholarships are available for Lane County residents.

Contact:

4181 E Street
Springfield, OR 97478
541-343-5256

info@arclane.org
arclane.org

Bounce Gymnastics and Circus Arts Center

The mission at Bounce is to have lots of fun in their unique gymnastics and aerial school that will develop life-long skills for children of all ages and abilities. They offer gymnastics, aerial, and ninja classes as well as open gym sessions and camps. All participants must sign a waiver.

Contact:

329 W 3rd Avenue
Eugene, OR 97401
541-343-4222

naja@bouncegymnastics.com
bouncegymnastics.com

Boys and Girls Clubs of Emerald Valley

The Boys and Girls Clubs of Emerald Valley serve youth ages 6 - 18 and offers a variety of activities ranging from homework help, computer labs, various arts, and recreation. The Club provides after-school youth development programs and is open during school vacations and most no-school days, including spring break, summer vacation, and holiday breaks. The Clubs' programs reflect an emphasis on Education, Career Readiness, Character and Leadership Development, Health and Lifeskills, the Arts, Sports, Fitness, and Recreation.

Contact:

Eugene Clubhouse
1545 W 22nd Avenue
Eugene, OR 97405
541-345-9939

members@bgcev.net
bgcev.org

River Road Club
120 W Hilliard Lane
Eugene, OR 97404
458-298-0070

Bethel Club
5305 Royal Avenue
Eugene, OR 97402
458-201-1915

Bridgeway House Recreation

Bridgeway House offers a variety of programs for individuals who are on the autism spectrum. Recreation activities include Game Night, Family Swim, Fitness Classes, and Social Groups providing a supportive setting for children to practice social skills. Summer day camps are available for children ages 6 - 18 years old.

Contact:

555 E 15th Avenue
Eugene, OR 97401
541-345-0805

bridgewayhouse@comcast.net
bridgewayhouse.org

Cascades Raptor Center

Cascades Raptor Center is a nature center and wildlife hospital specializing in birds of prey, and has one of the largest collections of native raptor species in the Pacific Northwest. Get up close with over 30 birds in large outdoor aviaries. They are open to the public year-round and can schedule educational programs both onsite and offsite for students of all ages. Also offering field trips and group tours by appointment.

Contact:

32275 Fox Hollow Road
Eugene, OR 97405
541-485-1320

info@cascadesraptorcenter.org
cascadesraptorcenter.org

Count Me In Karate

They develop and enhance a person's life skills while building confidence, social skills, and sensory integration, with a physical focus on gross and fine motor skills as well as bilateral coordination and balance. This is made possible by tailoring a curriculum specific to the needs of the individual while continuously being taught with extreme compassion and understanding of the person's needs, skill level, and progress, regardless of race, color, national, and ethnic origin.

Contact:

577 River Road
Eugene, OR 97402
541-525-6670

countmeinkarate@gmail.com
countmeinkarate.com

Eugene Public Libraries

Eugene public libraries offer a wealth of resources of knowledge including computers and printing, books, audiobooks, DVD's, CD's, ebooks, streaming services, newspapers, magazines, consumer reports, genealogy exploration, tax information, homework help, and book groups in a box. Your Eugene Public Library card provides the opportunity to check out a wide variety of tools, toys, and other items for learning, creativity, and fun. From cameras to sewing machines to robotics kits, their Library of Things offers ways to explore new interests, learn new skills, and borrow instead of buying. Library of Things item availability and events vary per location. **Website available in Spanish**

Contact:

Downtown Library
100 W 10th Avenue
Eugene, OR 97401
541-682-5450

Bethel Branch
1990 Echo Hollow Road
Eugene, OR 97402
LibraryAskUs@ci.eugene.or.us

Sheldon Branch
1566 Coburg Road
Eugene, OR 97401
eugene-or.gov/Eugene-Public-Library

Eugene Science Center

Empowering children and their families to use science through hands-on learning, creative problem-solving, and discovery in a stimulating and fun environment. They offer field trips, workshops, and special events throughout the year. Camps on no-school days, spring break, summer, and holidays are also offered. Education programs are planned by professional staff committed to the Eugene Science Center's mission: to engage children, excite their curiosity, inspire them toward a lifelong love of science, and empower them to use science and technology to improve their communities.

Contact:

2300 Leo Harris Pkwy
Eugene, OR 97401
541-682-7888

info@eugenesciencecenter.org
eugenesciencecenter.org

Fun for All

Fun for All is a free drop-in program at various Eugene City parks during the summer. Activities include arts and crafts, sports, games, storytellers, special events, and opportunities through the City of Eugene's Outdoor School. Children 0 - 18 years old can participate in the planned activities (children 7 and under must be accompanied by a parent or sibling at least 15 years old). Accommodations and supports are available for persons who may need additional services to be included in the recreation services.

Contact:

870 Berntzen Road
Eugene, OR 97402
541-682-5521

bhernandez@eugene-or.gov
eugene-or.gov

Interagency Access Pass

The Interagency Access Passport is a lifetime entrance pass to most national parks, monuments, historic sites, recreation areas, and national wildlife refuges that charge an entrance fee. The Passport admits the pass holder and up to 3 accompanying passengers in a private vehicle. Available to citizens or permanent residents who are medically determined to be blind or permanently disabled.

Contact:

1400 Independence Avenue SW
Washington, DC 20250-0003
800-270-7504

info@fs.fed.us
fs.usda.gov

Little League Challengers

Challenger Division Teams are coed with players ages 4 - 18, or 22 if participating in transition programs. Each team plays 8 - 12 games per season beginning in late April or early May and continuing through June. A soft tee ball is used and players may hit off a tee or from a pitch thrown by an adult or older youth. Players are issued a uniform, shirt, and hat. All equipment is provided. All Games are played in Salem and there is no fee for players thanks to donations and sponsorships.

Contact:

390 Cordon Road NE
Salem, OR 97302
503-428-2680

ORD7Challengers@gmail.com
clubs.bluesombrero.com

Making Magic Tours

Making Magic Tours provides a travel experience for people with developmental disabilities that fosters friendships, builds self-confidence, and encourages independence through community inclusion. Travel experiences include the Oregon Coast, Oregon Jamboree, Wildlife Safari, Pendleton Round-up, Columbia Gorge Sternwheeler Cruise, Sunriver Resort, and Oregon Camping Retreat. Cost varies with the specific trip. The registration form is available online.

Contact:

P.O. Box 40878
Eugene, OR 97404
866-546-5180

makingmagictours@comcast.net
MakingMagicTours.com

Music Education & Performing Artists Association - MEPAA

They provide access to music and arts education by removing barriers and identifying resources needed for inclusion, exploration, and success for people of all ages, backgrounds, and abilities. The MEPAA Music & Arts Center is an inclusive space offering music & art classes for diverse learners where nobody is turned away for the inability to pay. They provide free instruments, instruction, and resources to underserved students and families.

Contact:

2370 Parliament Street
Eugene, OR 97405
541-246-8082

mepaa.org@gmail.com
mepaa.org

Mobility International, USA

Various international and local exchange programs are offered in the summer. Host opportunities are available. Youth and young adult programs focus on leadership development and cross-cultural understanding. Partial scholarships are available for all programs.

Contact:

132 East Broadway, Suite 343
Eugene, OR 97401
541-343-1284

clearinghouse@miusa.org
miusa.org

Museum of Natural and Cultural History

The Museum of Natural and Cultural History is a place for making connections—to each other, to our past, and to our future. It's a place for digging into science, celebrating culture, and joining together to create a just and sustainable world.

Contact:

1680 East 15th Avenue
Eugene, OR 97403
541-346-3024

mnch@uoregon.edu
natural-history.uoregon.edu

National Academy of Artistic Gymnastics

Classes are offered for children with developmental delays including children with Autism Spectrum Disorder, Sensory Processing Disorder, ADHD, Down Syndrome, and Genetic Disorders.

Contact:

1205 Oak Patch Road
Eugene, OR 97402
541-344-2002

programs@naag-gymnastics.org
naag-gymnastics.org

River Road Parks and Recreation District

General recreational programs and swim lessons will be available throughout the summer. Schedules will be available at the Parks and Recreation office and on the website. Fees vary with the program. Summer day camps are available for ages 4 and up.

Contact:

1400 Lake Drive
Eugene, Or 97404
541-688-4052

info@rrpark.org
rrpark.org

Soaring Spirit Therapeutic Equestrian Center

For children and adults with physical, developmental, emotional or learning challenges, and at-risk youth. Riders experience increased balance, muscle control and strength, and improved sensory integration. Other benefits include improvement with social skills, speech and communication skills, self-esteem, concentration, self-control, confidence, patience, empathy, and respect for self and others.

Contact:

82811 Marlow Road
Eugene, OR 97405
541-514-6357

soaring_spirit_therapeutic@yahoo.com

Specialized Advocacy

Specialized Advocacy offers Community Inclusion Activities and Community Living Supports (such as bowling, cooking, and crafts) for young adults with disabilities. Groups meet on different days of the week for activities they have organized and planned. Some groups focus on organization and planning for daily living skills and others focus on social activities in the community. Community living supports are available on a 1:1 basis and include independent living skills training, in-home visits, consultations, and general problem-solving for better living.

Contact:

P.O. Box 1223
Eugene, OR 97440
541-684-3961

specializedadvocacy.com

Special Olympics of Eugene/Springfield

Summer Special Olympics offers softball, golf, track and field, gymnastics, and bocce. A variety of seasonal sports are offered. The activities are for school-age athletes in Elmira, Eugene, Harrisburg, Junction City, Leaburg, Marcola, Noti, Springfield, and Veneta. Athletes need to have the Special Olympic medical form signed and returned to receive registration information. Call for further information.

Contact:

P.O. Box 35
Springfield, OR 97477
541-431-3245

eugene-springfield@soor.org
soor.org

Springfield Public Library

This library offers a wealth of resources and knowledge including audiobooks on CD, and streaming/downloadable audiobooks, books, book sets, cultural passes, curriculum bins, energy meters, magazines, physical and digital articles, music, theme & exploration kits, bags of books, videos, DVDs, BluRay, video games, and Wi-Fi Hotspots. They offer events for adults, teens, children, storytimes, and book clubs. They also offer programs in Spanish for adults, children, and families. All events are free.

Contact:

225 5th Street
Springfield, OR 97477
541-726-3766

library@springfield-or.gov
wheremindsgrow.org
wheremindsgrow.org/espanol

Trips Inc., Special Adventures

Trips provide travel outings for people of various abilities in a safe, respectful, and fun atmosphere. They are designed for people with developmental disabilities and other disabilities that require staff assistance for a safe and enjoyable vacation. Destinations include Las Vegas, Disneyland, Hawaii, Washington DC, London, San Diego's SeaWorld, and Central Oregon Camping. Prices vary with the trip chosen for ages 18 and older. The brochure and photo gallery are available online.

Contact:

P.O. Box 370
Bend, OR 97709
541-686-1013

trips@tripsinc.com
tripsinc.com

Warren H Daugherty Aquatic Center

The therapy pool at the Aquatic Center in Cottage Grove is accessible to people with all levels of physical abilities. Their therapy pool is 90 - 92 degrees and has a gradual descent from 3 - 5 feet in depth. The pool is equipped with a handicapped lift as well as shallow entry steps. Submerged benches line the shallow end allowing for comfort and physical therapy in the warm water.

Contact:

1440 S 8th Street
Cottage Grove, OR 97424
541-942-5533

Shane.dye@slane.k12.or.us
slane.k12.or.us/cgpool

Willamalane Park and Recreation District

Willamalane offers hundreds of classes, sports, fitness, and recreation activities for all ages and interests! Schedules are available at the Willamalane office. Camps are available for youth 3 - 19 years of age. Willamalane has a new landing page for Spanish-speaking community members! willamalane.org/bienvenidos

Contact:

250 S. 32nd Street
Springfield, OR 97478
541-736-4544

willamalane@willamalane.org
willamalane.org

World Wheelchair Sports

World Wheelchair Sports offers wheelchair racing lessons and experiences all year long. In addition to clinics and competitive events, WWS conducts an equipment loan program for any K - 12 student in Oregon working out with their school's track team.

Contact:

3552 George Court
Eugene, OR 97401
541-485-1860

wwscoach@efn.org

BB 360 (formerly B'nai B'rith Day Camp)

BB 360 camp is a vibrant and inclusive Jewish camp serving the Pacific Northwest (Oregon, Washington and British Columbia) since 1921. BB Camp has been a home away from home for generations of campers of different ages, backgrounds, denominations, and abilities. Their unique culture is built on sharing fun experiences in a welcoming environment that inspires all campers to grow, and develop enduring Jewish identities. BB campers eagerly look forward to our summer camps and all-age year-round programs where they join their camp family in activities like boating on Devil's Lake, challenging themselves on the ropes course, or laughing with friends while learning a new dance.

Contact:

6443 SW Beaverton-Hillsdale Hwy, Suite 234
Portland, OR 97221
503-496-7444

info@bbcamp.org
bb-360.org

Back 2 Youth

Back 2 Youth is a multicultural organization that actively engages youth between 11-18 to get out into nature all year round - to get curious, and to explore all the magic that Oregon has to offer. Featuring youth camps, day camps, family camps, weekend camps, and holiday break camps.

Contact:

28992 Summerville Road
Eugene, OR 97405
541-515-8295

back2youth.info@gmail.com
back2youth.org

Scouting America – Cub Camp

The Oregon Trail Council for Boy Scouts of America offers camping experiences for boys in grades 1 - 12. Overnight camping is offered to Cub Scouts, grades 1 - 5. Activities include archery, bb guns, crafts, games, and water front play. Online registration is open.

Contact:

Scouting America
2525 Martin Luther King Blvd.
Eugene, OR 97401
541-485-4433

info@pccscouting.org
pccscouting.org

Camp Attitude

Overnight camps for campers ages 3 - 17 who experience physical or cognitive diagnoses and their families. This staff is dedicated to providing a unique Christian camping experience for families in the disability community.

Contact:

45829 S Santiam Highway
Foster, OR 97345
541-401-1052

camp@campattitude.com
campattitude.org

Camp Erin by Providence

Camp Erin Portland is a free, weekend bereavement camp for youth who are grieving the death of a significant person in their lives. Children and teens ages 6 - 17 attend a weekend camp experience that combines grief education and emotional support with fun, traditional camp activities.

Contact:

36410 NE Halsey Street, Suite 300
Portland, OR 97213
503-953-6745

CampErinPortland@providence.org
providence.org/camp-erin

Camp Harlow

Faith-based summer day camp sessions are for ages 5 - 9. Summer overnight sessions are for grades 1 - 12. Activities include rock wall climb, horse programs, swim lessons, zip line, go carts, bumper boats, games, crafts, poolside café, and bookstore. Registration forms and specific camp descriptions are available on the website.

Contact:

3850 County Farm Road
Eugene, OR 97408
541-683-5416

office@campharlow.com
campharlow.com

Camp Korey

Camp Korey provides medical condition-specific summer camps for children ages 7 - 17. These campers spend their week living in cabins with other campers navigating similar medical journeys. They get to try new things, make friends, and build connections with other families. Camp sessions can include archery, arts and crafts, equestrian, campfire, stage night, Silly-O, fishing and boating, outdoor exploration, pool parties, cabin chats, and entries into the Book of Firsts.

Contact:

24880 Brotherhood Rd.
Mt. Vernon, WA 98274
360-416-4100

info@campkorey.org
campkorey.org

Camp Meadowood Springs

Camp experience for individuals and their families impacted by communication or social learning challenges. Available to children and teens who have a diagnosis that affects speech or social learning, receive speech therapy or social skills training, do not qualify for educational services but could benefit from them, or neurotypical siblings or peers. 7 - 14 years old (or entering 1st through 9th grade).

Contact:

77650 Meadowood Road
Weston, OR 97886
541-276-2752

camp@meadowoodsprings.org
meadowoodsprings.org

Camp Millennium

Camp Millennium is for children ages 5 - 16 with a cancer diagnosis. Children from Oregon can apply through physicians, self-referral, and support groups. Campers are accepted on a first-come, first-serve basis. Camp activities include hiking, arts and crafts, fishing, archery, and swimming.

Contact:

Camp Millennium Office
2880 NW Stewart Pkwy, Suite 200
Roseburg, OR 97471
541-677-0600

campmoregon@gmail.com
campmillennium.org

Camp Odakoda

A one week typical summer camp experience for 10 - 18 year old individuals with autism. They provide an opportunity to engage in activities that help campers grow and expand their social experiences, foster independence, and support positive mental health. This provides opportunities for campers with autism to enjoy their uniqueness, take pride in their strengths, and just have fun!

Contact:

12042 SE Sunnyside Road, #450
Clackamas, OR 97015
503-320-3103

Misti@asdoregon.org
asdoregon.org

Camp Stand By Me

Easterseals Camp Stand By Me is an inclusive, barrier-free environment for children and adults with disabilities to experience all the joys of camp without limitations. Camp is about all the things children and adults CAN do: swim, canoe, sing, eat s'mores, build lifelong friendships, and more. With low staff to camper ratios and an on-site registered nurse, they serve children and adults of any ability level.

Contact:

200 W. Mercer Street, Suite 210E
Seattle, WA 98119
206-281-5700

campadmin@wa.easterseals.com
wa.easterseals.com

Camp Taloali

Camp Taloali is for Deaf, Hard of Hearing, CODAS's, siblings and signing friends, 7 - 15 years of age. Activities include hiking, swimming, horseback riding, fishing, arts/crafts, and campfires for different age groups.

Contact:

15934 N Santiam Hwy SE
Stayton, OR 97383
503-998-0142

camp@taloali.org
taloali.org

Camp Tapawingo

This week-long summer camp is for children with bleeding disorders. Camp Tapawingo is open to children 8 - 17. Children 16 and 17 years old are eligible to apply for the Counselors-in-Training program offered at Camp Tapawingo. Recreation includes swimming, canoeing, arts and crafts, archery, environmental science, and outdoor recreation. Staff include an around-the-clock physician and nurse as well as counselors, many with bleeding disorders. All applications must be received online by June 1st. Scholarships are available through Pacific Northwest Bleeding Disorders. To obtain the online registration link, email [PNWBD at info@pnwbd.org](mailto:PNWBD_at_info@pnwbd.org). Camp Tapawingo is located in Falls City, OR.

Contact:

Pacific Northwest Bleeding Disorders
456 SW Monroe Ave, Suite #105
Corvallis, OR 97333
541-753-0730

info@pnwbd.org
pnwbd.org

Camp Ukandu

Children eligible for UKANDU must be living with a cancer diagnosis, between the ages 8 - 18, and not a high school graduate. Each eligible camper is invited to bring one sibling to camp. Oncologists in Oregon and Southwest Washington receive applications and pass them on to the parents of their patients. Parents need to submit this application to the Camp Ukandu office. The Teen Retreat is a weekend for teenagers 14 - 18 to spend time with others and away from the anxieties of cancer. To sign up, speak with the child's oncologist's office.

Contact:

601 SW 2nd Avenue, Suite 2300
Portland, OR 97204
503-276-2178

info@ukandu.org
ukandu.org/camp-ukandu

Camp Yakety Yak

Camp Yakety Yak is a social skills day camp supporting friendship development in children with special needs, ages 5 - 15. Siblings and peer models welcome! Every week campers participate in specialized social skills curriculum, cooking activities, outdoor play, sports games, art and music, sibling snack group, and whole-group activities such as recess and assemblies with the weekly theme incorporated. Camp dates and rates are available online. Scholarships and early bird discounts are available.

Contact:

40 McNary Pkwy
Lake Oswego, OR 97035
971-303-3901

info@campyaketyyak.org
campyaketyyak.org

Courageous Kids Camp

Camp is to provide grief support for children and teens, ages 6 - 18, who have experienced the death of a loved one. Professionals provide therapeutic activities of art, music, sand play, storytelling, drama, swimming, and adventure group challenges. Camp is held at the Kiwanis Sky Camp on Fall Creek Reservoir.

Contact:

677 E 12th Avenue
Eugene, OR 97401
458-205-7474

courageouskids@peacehealth.org
www.peacehealth.org/courageous-kids/programs

Easter Seals Oregon

Camp Easter Seals offers residential camping experiences for children and adults, ages 10-59+ with physical or developmental disabilities. Camp includes an indoor-accessible swimming pool, horseback riding, boating, fishing, campfire programs, and creative arts. There is a 3:1 camper to staff ratio. Applications are available online. Financial assistance is available for campers with demonstrated needs. Camps are held at [Evans Creek Retreat](#) located in Lyons, OR.

Contact:

Easter Seals Oregon Office
7300 SW Hunziker St, Suite 103
Portland, OR 97223
503-228-5108

camp@or.easterseals.com
easterseals.com/oregon

Eugene Family YMCA

The YMCA offers a variety of camping experiences for ages 3 - 13. Check for appropriateness for children with severe disabilities. Camp counselor experience is available for high school students. Call for dates, fees, and more information.

Contact:

600 E 24th Avenue
Eugene, OR 97405
541-686-9622

youth@eugeneymca.org
eugeneymca.org

Eugene Science Center

Camps offer children the chance to develop hands-on learning experiences, creative problem solving, and discovery in a stimulating and fun environment. Each one-week session runs from 9 am - 4 pm for youth grades 1 - 8. Check the website for camp dates and costs.

Contact:

2300 Leo Harris Parkway
Eugene, OR 97401
541-682-7888

info@eugenesciencecenter.org
eugenesciencecenter.org

Family Retreats

Family Retreats and International Family Retreats offer a haven for special needs families. Families are cared for, encouraged, and rejuvenated in a Christ-centered, fully accessible camp environment. Each retreat site provides worship, teaching, and fun age-appropriate activities, and cultivates meaningful connections with families who understand the challenges of life with a disability. Hosted by [Twin Rocks Friends Camp](#) in Rockaway Beach, OR.

Contact:

Family Retreats
206-219-3316

melenie.chan@joniandfriends.org
joniandfriends.org

Gales Creek Camp

Summer camp programs for children and teenagers with type 1 diabetes. Campers attend the grade level of the year just completed in school. Activities include arts and crafts, dancing, cooking, soccer, softball, and swimming. Also, educational classes help each child grow towards living an independent life. Campers learn to monitor and manage their diabetes. They will learn how food and exercise are linked to insulin and how sports, illness, and stress interact with diabetes.

Contact:

Gales Creek Camp Foundation
6950 SW Hampton Street, Suite 242
Tigard, OR 97223
503-968-2267

office@galescreekcamp.org
galescreekcamp.org

Girl Scouts Summer Camp - Camp Cleawox

Camp Cleawox offers programs in archery, horseback riding leadership, kayaking, canoeing, windsurfing, swimming, pottery, drama, crafts, and nature. The program's focus is to teach girls about themselves and others while practicing and learning new skills. There are many different sessions held for girls entering grades 1 - 12.

Contact:

Girl Scout - Eugene Service Center
72 C Centennial Loop, Suite 300
Eugene, OR 97401
541-246-1241

answers@girlscoutsosw.org
girlscoutsosw.org

Jordan Kent Skills Camps

Jordan Kent Skill Camps welcome all campers of any background or ability and take pride in the relationships we build during the week. Each camp will offer valuable sports training in football, basketball, baseball, soccer, and speed/agility. Check for appropriateness for children with severe disabilities. Boys and girls ages 6 - 12 are welcome to participate. All campers will receive a shirt, custom socks, snacks, and post-camp handouts.

Contact:

1-888-832-6984 (voicemail only)

info@jordankentcamps.com
jordankentcamps.com

KindTree Autism Camp and Retreat

This weekend retreat is designed around the needs of those living with autism. Parents and caregivers can bring their children and relax in a safe and nurturing environment. Weekend activities include music, canoeing, arts and crafts, games, campfires, and walks on the beach. The camp is at Siltcoos Lake near Florence, Oregon.

Contact:

PO Box 40847
Eugene, OR 97404

admin@kindtree.org
kindtree.org

MDA Camp

This online camp is for children and youth ages 8 -17, who have neuromuscular diseases, and have registered with the Muscular Dystrophy Association. For more information, contact the Muscular Dystrophy Association by phone or email.

Contact:

MDA Headquarters
1016 W Jackson Boulevard, #1073
Chicago, Illinois 60607
800-572-1717

ResourceCenter@mdausa.org
mda.org

Mt. Hood Kiwanis Camp

Camp offers award-winning, unique, and innovative summer camp opportunities for children and adults with developmental disabilities ages 12 and up. In addition to the Main Camp program, they offer off-site programming for individuals seeking a higher level of independence and adventure.

Contact:

83500 E Kiwanis Camp Road
Government Camp, OR 97028
503-452-7416

info@mhck.org
mhkc.org/summer-camp

National Academy of Artistic Gymnastics

Camps are offered for children aged five and older. Activities include gymnastics, games, trampoline, arts and crafts, themed props, structured play, swing dance, and field trips. Only ten children per group are allowed. Classes are also offered for children with developmental delays including children with Autism Spectrum Disorder, Sensory Processing Disorder, ADHD, Down Syndrome, and Genetic Disorders.

Contact:

1205 Oak Patch Road
Eugene, OR 97402
541-344-2002

programs@naag-gymnastics.org
naag-gymnastics.org

Northwest Christian Camp for the Deaf

This camp is available to deaf and hard of hearing children or children of deaf and hard of hearing parents and their siblings. It is located near Rockaway Beach, Oregon. Special rates are available for younger children coming with parents. Sports, swimming, crafts, and Bible studies are available.

Contact:

PO Box 21011
Salem, OR 97307
503-949-9027

nwccd2011@yahoo.com
gmdeaf.org

Rainbow Society Camp

Rainbow Society is designed for gender diverse campers, but anyone is welcome to join. It's a place where diversity is celebrated and all can feel safe. In fact, diversity is what makes us resilient. It's also what makes nature resilient. Diverse ecosystems support thriving communities of living things. In the Rainbow Society we will explore the diversity of nature and our place in it. Along the way, you will explore and experience some awesome wilderness skills. Study the art of camouflage to blend into your surroundings. Practice the art and craft of archery. Connect with and learn about the community of plants and the ways in which they provide food, medicine, fiber and more.

Contact:

Whole Earth Nature Camps
PO Box 5223
Eugene OR 97405
541-937-5437

ContactUs@WholeEarth.org
wholeearth.org

SAIL Camp

UO's Summer Academy to Inspire Learning (SAIL) Camps are free to incoming 9th-12th grade students who qualify for Free and Reduced Lunch. The program is run by volunteer UO faculty, with different opportunities available at each grade level. Camps run from 9 am - 3 pm Monday through Friday on the UO campus. Bus passes and lunch will be provided free of charge. Students in the program are also eligible for mentoring by college students on goal-setting, college prep, and tutoring. Applications are available online.

Contact:

5285 University of Oregon
Eugene, OR 97403-5285
541-346-1131

sailstaff@uoregon.edu
sail.uoregon.edu

UO Duck Trails Camp

Day camp options for youth ages 5 - 14. Summer 2023 camps include classic camps, sports camps, imagination factory, cooking camp, climbing or outdoor adventure, esports arena, empowerU, and a junior counselor program. EmpowerU camp is open to female-identifying youth ages 11 - 14 with activities that build self-confidence and life skills.

Contact:

1320 E 15th Street
Eugene, OR 97403
541-346-4183

ducktrails@uoregon.edu
ec.uoregon.edu/ducktrails

Upward Bound Camp

The purpose of Upward Bound Camp is to provide on-going Christian based recreational and educational camp experiences for persons with disabilities, twelve years of age and over in an environment that presents opportunities for growth outside the individual's usual routine or habitat.

Contact:

40151 Gates School Road
Gates, OR 97346
503-897-2447

camp@UpwardBoundCamp.org
upwardboundcamp.org

Whole Earth Nature Camps

They have two locations for camps in the Eugene/Springfield area at Mount Pisgah Arboretum and Hendricks Park. Our overnight camps are held at Little Fall Creek Camp outside of Jasper, and at Eel Creek Campground on the coast. Themes for this years camps include: story camps, earth ninja, wildlife within, elven archers, at home in nature, stewardship and survival, epic quest, skill camps, village crafts, knifemaking, and wildlife encounters.

Contact:

Whole Earth Nature School
PO Box 5223
Eugene, OR 97405
541-937-5437

ContactUs@WholeEarth.org
wholeearth.org/summer

Willamalane Park and Recreation District

Willamalane offers hundreds of classes, sports, fitness, and recreation activities for all ages and interests! Schedules are available at the Willamalane office. Camps are available for youth 3-19 years of age. **Willamalane has a new landing page for Spanish-speaking community members!**

willamalane.org/bienvenidos

Contact:

250 S. 32nd Street
Springfield, OR 97478
541-736-4544

willamalane@willamalane.org
willamalane.org

1st Way Pregnancy Center

Free Pregnancy Tests, Free ultrasounds (7-16 weeks only), Clothes Closet, Diapers. They offer in-office support and a mobile unit.

Contact:

162 B Street, Suite #213
Springfield, OR 97477
541-687-8651

firstwayeugene@gmail.com
1st-way.org

15th Night

15th Night is a youth-led community movement to end youth homelessness by connecting existing resources and finding innovative ways to keep youth in school and off the streets. If you are a youth or young adult navigating school and life alone, they have the resources to assist you. They can help with shelter & housing, clothing & shoes, food, school supplies, counseling, mentor & peer support, transportation, LGBTQIA2S+ support, employment resources, application assistance, BIPOC support, or education options.

Contact:

10 Shelton McMurphey Blvd
Eugene, OR 97401
541-246-4046

info@15thnight.org
15thnight.org

Adolescent and Family Services (AFS)

AFS provides help for teens facing mental health and substance use challenges. AFS works with teens ages 14 to 19 who are experiencing the following life struggles: Depression, Stress and anxiety, Experiences with trauma, Emotion dysregulation, Drug and alcohol use, Relationship difficulties. AFS is inclusive and serves teens of all identities and backgrounds. AFS strives to involve family members in the teen's treatment when appropriate and with guidance from the teen.

Contact:

10 Shelton McMurphey Blvd
Eugene, OR 97401
541-485-2711

afs@oslc.org
odclinic.org/services/afs

Alliance Services

Alliance Services provides one-on-one care for people with intellectual or developmental disabilities. They have trained providers ready to assist with everyday living needs and provide support with necessary life skills so that customers can thrive.

Contact:

901 N Brutscher Street, Suite 219
Newberg, OR 97132
971-512-0853

info@alliance-services.org
alliance-services.org

Allies, LLC

Empowering adults experiencing intellectual and developmental disabilities by providing exceptional support services, meaningful classes, social opportunities and a safe environment to thrive.

Contact:

131 E 11th Avenue
Eugene, OR 97401
458-210-2837

ericka.rhodes@allies-llc.org
allies-llc.org

Almost Family

Almost Family offers reliable and affordable senior in-home care and care for intellectually disabled individuals. Their professionals work with you and your family to deliver a personalized care plan that is most helpful and convenient for you. Their goal is to help you or your loved one maintain their independence into advancing years - or when recovering from injury or illness, and there is simply no place better than home.

Contact:

4710 Village Plaza Loop, Suite 220
Eugene, OR 97401
541-636-4021

admin@almostfamilycare.com
almostfamilycare.net

Arc of Lane County

The Arc provides a variety of programs to help parents who are raising a child with a disability. Family services provided include the Jump Start preschool, ESTEAM Youth Program, and Families Connected (Familias Conexion). Families Connected is a program created for families by families raising a child with a developmental disability. It fosters, collaborates, and coordinates connections to reduce isolation and build community.

Contact:

4181 E Street
Springfield, OR 97478
541-343-5256

info@arclane.org
arclane.org

Autism Furniture

Local maker of the hug chair, hug bed, crash pad, nesting chair sets, nesting loveseat sets, weighted blankets, stuffed animals, fidgets, body socks, and weighted hoodies.

Contact:

1851 River Road
Eugene, OR 97404
541-689-8435

RobbBokich@yahoo.com
autismfurniture.com

Autism Society of Oregon

The Autism Society of Oregon is our state's leading organization providing resources, education, advocacy on policy matters, and support for individuals and families living with Autism. Their goal is to inform, uplift, and connect members of our amazing community, making it easy to find the support you need for yourself or your loved ones.

Contact:

9320 SW Barbur Blvd., Suite 240
Portland, OR 97219
1-888-288-4761

info@AutismSocietyOregon.org
autismsocietyoregon.org

Black Cultural Initiative

They aim to increase the retention of Black individuals in the local community by addressing the unique challenges they face. Through targeted support, networking opportunities, and community-building initiatives, they create an environment where Black individuals can truly thrive.

Contact:

1695 Jefferson Street
Eugene, OR 97402
541-654-0318

taliciabrown@yahoo.com
blackculturalinitiative.com

B.L.A.Q. Youth

For youth who self-identify as Black, Bi-Racial, or Multi-ethnic and reside within Lane County, Oregon, who are enrolled in a public, private, or charter school or home-schooled. Parents and/or Guardians of Black, Bi-racial, or Multi-ethnic youth, Educational providers, or other non-profit and public entities that serve youth in Lane County. They host culturally enriching activities and offer books and crafts that reflect African-American culture.

Contact:

292 High Street #312
Eugene, OR 97401
541-232-0756

info@blaqyouth.org
blackculturalinitiative.com

Bridgeway House

Bridgeway House offers treatments, developmental therapies, enrichment courses, and support to children and families of all income levels with autism and related abilities. Programs include Bridgeway House School, home therapy, social groups, summer day camps, SHAPE groups, and music therapy. Bridgeway House social groups provide a supportive setting for children in small facilitated settings. Arts, crafts, games, field trips, and topic-specific conversations provide children with the opportunity to work on social skills and build lasting friendships with peers.

Contact:

555 E 15th Avenue
Eugene, OR 97401
541-345-0805

info@bridgewayhouse.org
bridgewayhouse.org

Center for Attention and Learning

The Center for Attention and Learning provides assessment and treatment of attention, learning, and behavior disorders in children, teens, and adults. The Center offers neurofeedback in addition to behavior strategies as an alternative to the use of medications in the treatment of ADD, learning disorders, autism spectrum disorder, migraines, and sleep problems.

Contact:

3003 Willamette Street, Suite B
Eugene, OR 97405
541-343-9221

office@attentionlearning.com
attentionlearning.com

Center for Autism and Behavioral Supports

At the Center for Autism and Behavioral Supports (CABS), they prioritize a compassionate and individualized approach to each client. Their approach respects the dignity of each person and focuses on building a cooperative therapeutic relationship with clients and their families. They strive to create a positive and collaborative partnership because it is essential for success. They work closely with clients, ensuring their needs and goals are met in therapy. CABS empowers individuals to reach their full potential by utilizing the science of applied behavior analysis to improve lives.

Contact:

HEDCO Education Building
Located on the University of Oregon Campus
1655 Alder Street (17th and Alder)
Eugene, OR 97403
541-346-0923

hedcoclinic.uoregon.edu/cabs

Center on Brain Injury Research and Training

CBIRT, a center under the Department of Psychology at the University of Oregon, conducts research and training to improve the lives of children and adults with traumatic brain injury (TBI). CBIRT's research focuses on developing interventions to improve outcomes related to education, employability, and quality of life. Their training activities promote the use of best practices among educators and other professionals who serve individuals with TBI.

Contact:

1244 Walnut St, Suite 220
Eugene, OR 97403
541-346-0593

cbirt@uoregon.edu
cbirt.org

Center for Family Development

Center for Family Development offers outpatient mental health and substance use therapy services for adults, adolescents, children, and families. They now provide medication-assisted treatment, such as Suboxone, for people who experience opioid use disorders.

Contact:

1258 High Street
Eugene, OR 97401
541-342-8437

main@c-f-d.org
c-f-d.org

Child Development and Rehabilitation Center

The Child Development Clinic (CDRC) offers diagnosis and assessment for developmental conditions in children and young adults. The Child Development Team assesses children with global developmental delay, intellectual disability, or developmental-behavioral problems, ADHD with developmental concerns, autism, or disorders affecting speech, language, or voice.

The Feeding Team provides a multi-disciplinary approach to the assessment, treatment, and ongoing management of children with oral-motor feeding skills concerns, nutrition issues, and behavioral issues related to mealtime. The Neurodevelopmental Team serves children with motor-related diagnoses like cerebral palsy, traumatic brain injury, genetic disorders, brachial plexus injury, and other chronic neuromuscular disorders. In addition, the CDRC offers individual Physical, Occupational, and Speech Therapies.

Contact:

74B Centennial Loop, Suite 100
Eugene, OR 97401
503-346-1640

ohsu.edu/eugene-cdrc

Circle of Friends

Circle of Friends was founded on the belief that children and youth with severe disabilities are just like anyone else and deserve opportunities. They provide resources, support, training, and a supportive community that is built on compassion. Through respite care events, day camps, summer programming, and family-friendly events, they build up natural supports and friendships that will keep families strong.

Contact:

PO Box 2811
Eugene, OR 97402
541-321-0107

jenn@circleoffriendsschool.org
circleoffriendsschool.org

Civil Liberties Defense Center

The Civil Liberties Defense Center supports movements that seek to dismantle the political and economic structures at the root of social inequality and environmental destruction. They provide litigation, education, legal, and strategic resources to strengthen and embolden their success.

CLDC educates, supports, and defends grassroots activists nationwide. They are dedicated to being a backbone for the grassroots and the frontlines. They help activists navigate the legal system, represent them at no cost when they are arrested, and help them make choices in the face of state repression. They provide the necessary legal support so that activists can have long, sustainable lives fighting in the movement for justice.

Contact:

1711 Willamette Street, Suite 301
Eugene, OR 97401
541-687-9180

info@cldc.org
cldc.org

Conflict Artistry

Conflict Artistry LLC primarily seeks to connect with and serve individuals who have experienced and/or caused harm. Their professionally-facilitated diversion services are protected under Oregon law as a confidential Restorative Justice mediation. They are committed to serving all people regardless of age, race, sex, gender, romantic orientation, ability, income level, housing status, documentation status, or criminalized history. They are particularly interested in working with underserved members of our community, many of whom are disproportionately criminalized by punitive systems. Their goal is to prevent unnecessary system contact through early-stage intervention.

Contact:
541-283-6445

contact@conflictartistry.org
conflictartistry.org

Connect the Dots Pediatric Therapy

Connect the Dots provides occupational and speech therapy for children. Activities and treatments are based on the individual child's needs, ranging from developmental learning delays, speech and language delays, balance and coordination issues, behavior problems, or general sensory dysfunction. They serve infants through adolescents and their families.

Contact:
84 Centennial Loop
Eugene, OR 97401
541-255-2681

info@ctdpediatrictherapy.com
ctdpediatrictherapy.com

Connections Northwest

At Connections NW, they provide attendant care for developmentally & intellectually disabled clients and their families. They provide person-centered services for customers and families.

Contact:
1574 Coburg Road, #268
Eugene, OR 97401
971-281-0200

office@connections-nw.org
connections-nw.org

C.O.R.E. - Community Outreach through Radical Empowerment

CORE offers comprehensive case management services for ages of 16 - 29. All of their programs are created based on ideas and feedback from young people living on the streets in Eugene, Oregon. Their work remains centered around the practice of meeting people where they are at because they believe that YOUNG PEOPLE ARE THE EXPERTS IN THEIR OWN LIVES. Their programs include street outreach, harm reduction supplies, and Zephyr House, which is a safe space for young people.

Contact:
692 Jefferson Street
Eugene, OR 97402
541-870-0036

info@coreeugene.org
coreeugene.org

Crisis Response Program

Riverview Center for Growth manages Lane County's crisis response program, which provides support and help when a child or teen is experiencing a mental health crisis. Many crisis calls are successfully resolved over the phone. Sometimes, however, a crisis requires more involvement. In those cases, a professional crisis response team is available for on-site interventions. Youth or caregivers in Lane County can call the crisis response line 24 hours a day, 365 days a year.

Contact:

3995 Marcola Road
Springfield, OR 97477
1-888-989-9990

info@RiverviewGrowth.org
riverviewgrowth.org/crisisresponse

Direction Service Counseling Center

Direction Service Counseling Center offers fast, high-quality care. With walk-in intakes, you'll get an assessment, be matched with a therapist, and have your first appointment scheduled within 14 days. We're here for you and ready to help!

We offer evidence-based therapies, tailored to support your unique challenges and goals. Services include: Cognitive Behavioral Therapy (CBT), Trauma-Informed Therapy, Internal Family Systems (IFS), Eye Movement Desensitization and Reprocessing (EMDR), Behavioral Support and Behavior Modification, Exposure Response Prevention (ERP), Motivational Interviewing, Polyvagal Theory, Mindfulness and Relaxation Skills, Family Systems Therapy, Play Therapy, and Psycho-Education.

We specialize in addressing a wide range of concerns, including: PTSD & Trauma-Informed Care, Depression and Anxiety, Panic and Adjustment Disorders, Obsessive-Compulsive Disorder (OCD), Intellectual Disabilities, Autism Support, Parenting Challenges, Behavioral Problems, and Comprehensive Assessments.

We do not offer Psychiatric or Chemical Dependency Services, we offer outpatient behavioral health only. Walk-In Intakes available for OHP Members (Open Cards, Trillium). Mondays: 12 PM – 4 PM or Tuesdays: 9 AM – 1 PM. If not on OHP, please call to schedule.

Counseling Center Contact:

576 Olive Street, Suite 307
Eugene, OR 97401
541-344-7303

info@directionservice.org
directionservice.org/counseling

Direction Service Youth and Family Services

We work with families who have youth or young adults (ages 0 - 25) with disabilities and behavioral health needs. Our Intake and Outreach team works with families to identify the program and level of care that best meets their needs.

Our [Education Team](#) works with youth, ages 0 - 23. This team can assist with education-based questions or concerns, resource navigation, meeting preparations, and call-in consultations.

[Wraparound Facilitation](#) is a long-term, intensive planning process that follows a series of steps to help youth and their families be successful. They serve youth, ages 0 - 20, in Lane County with significant behavioral and emotional needs. Facilitators spend time getting to know each family and their story and then help the family build a team around the youth, including natural and community supports. They lead monthly team meetings and provide resources and support along the way.

Our [Peer Support](#) program positively impacts youth and families who live in Lane County. They improve access to support and community opportunities for those who are experiencing mental health challenges, might be outside traditional settings, are marginalized, or are at risk of disconnection from services. They provide an individual with lived experience to work alongside youth, young adults, and parents/caregivers to support them in achieving individualized goals.

Youth and Family Services Contact:

1144 Gateway Loop, Suite 200
Springfield, OR 97477
541-686-5060

info@directionservice.org
directionservice.org/yfs

Dungarvin

They offer a vast range of services and supports including 24-Hour Adult Residential services, Supported Living services, Supported Employment, Children's Host Homes and Community-Based Day Support Activities (DSA). They currently have 6 homes in the Eugene/Springfield area and these sites serve 3 - 4 individuals of various need levels, including individuals with significant medical, physical, or behavioral challenges.

Contact:

7360 SW Hunziker Road, Suite 101
Portland, OR 97223
503-624-0205

info@dungarvin.com
dungarvin.com/locations/oregon

Early Childhood CARES

The agency provides early intervention and early childhood special education services to infants, toddlers, and preschool-age children in Lane County. Children with suspected developmental delays may be referred by parents, preschool teachers, physicians, or other service providers for a comprehensive screening. If screening indicates that a child may be eligible for services, further evaluations are recommended.

Eligibility is determined according to state and federal requirements based on evaluation results. Serves children 0 - 5 years of age. Early Childhood CARES services include: parent consultation, parent-toddler groups, specialized preschools, consultation to children in community preschools or child care, speech, and physical or occupational therapy.

Contact:

1500 West 12th Avenue
Eugene, OR 97402
541-346-2578
541-346-0742 (Spanish)

eccares@uoregon.edu
earlychildhoodcares.uoregon.edu

Early Childhood HUB of Lane County

The Early Childhood Hub of Lane County is available to help with the joys and challenges of raising a child during the early years. They are a local hub for parenting & caregiving help, and your guide to the community's free or low-cost opportunities for play and learning.

Contact:

3171 Gateway Loop
Springfield, OR 97477
541-741-6000

education@unitedwaylane.org
earlychildhoodlane.org

Empowered Services

Empowered Services is a team of dedicated professionals passionate about supporting individuals with special needs and their families. Their trained Direct Support Providers (DSPs) empower and enhance lives with necessary life skills. They work closely with customers, guardians, and families to establish self-directed goals to thrive at home and in the community.

Contact:

8101 SW Nyberg Street, Suite 217
Tualatin, OR 97062
503-855-3581

info@empowered-services.org
empowered-services.org

Eugene Psychological Assessments

Providing evaluations regarding ADHD, Autism, Learning disorders (Dyslexia, Dysgraphia, Dyscalculia), Intellectual disorders, and giftedness/TAG. Assessments regarding a person's executive functioning, emotional/behavioral functioning, intelligence, language and communication skills, learning and memory, and social cognition. **They DO NOT provide assessments for people age 31+, SSDI benefits, or legal proceedings.**

Contact:

3225 Willamette Street #3F
Eugene, OR 97405
541-972-3958

eugenepsychassessments.com

Escudo Latino

Supporting the Latino community with information, resources, and referrals from other agencies in Lane County.

Contact:

532 C Street
Springfield, OR 97477
541-321-8034

escudolatino2@gmail.com
facebook.com/escudolatino

Every Child Lane County

Brighter Side Giving Store serves school-aged children experiencing crisis or significant life disruption. The my NeighbOR program mobilizes Oregonians to meet the unique, pressing, and tangible needs of families. Welcome boxes for children entering foster care, to occupy them while waiting at a Child Welfare office. Launch boxes of supplies for young adults aging out of foster care, to help launch them into independence.

Contact:

379 Coburg Road, Suite B
Eugene, OR 97401
541-321-5731

info@everychildlane.org
everychildoregon.org/lane

FACT Oregon

Their peer support, online training events and videos, and resources equip and empower families, transform how they see disability, and help them have high expectations and dream big dreams for their children. They support families to navigate disability and special education, drawing on the lived experience of their team, many of themselves parents of youth experiencing disability, and they call out the critically important role of parent/caregiver as a child's number one fan and advocate.

Contact:

2475 SE Ladd Ave. Suite 430
Portland, OR 97214
541-695-5416

support@factoregon.org
factoregon.org

Family to Family

The Oregon Family to Family Health Information Center supports families and caregivers of children with special health needs when navigating complex health care systems. Staffed by parents of children and youth with a variety of health conditions, they provide free one-to-one support, training, and printed materials to families and professionals. The website houses many resources for parents, grandparents, and youth.

Contact:

English 855-323-6744
Spanish 833-990-9930

contact@oregonfamilytofamily.org
ohsu.edu/oregon-family-to-family

Friends of the Children - Lane County

Friends of the Children–Lane County is part of a national network of Friends of the Children chapters across the United States. They connect children – all of whom have unique talents – to a paid, professional mentor called a Friend. Friends support the youth to succeed, despite the extremely challenging situations most experience, from as early as age 4 through high school graduation 12+ years, no matter what.

Contact:

425 Lincoln Street
Eugene, OR 97401
971-205-2463

info@friendslanecountyor.org
friendslanecountyor.org

Functional Foundations

Functional Foundations Pediatric Services is a charitable organization whose mission is to promote the physical, social, and mental well-being of children with complex medical and motor limitations and their families. Services include: expert therapeutic techniques, skilled handling assessment and monitoring of durable medical equipment (DME), feeding and swallowing therapy, support with Alternative and Augmentative Communication (AAC), and a fun-filled atmosphere that encourages growth and learning.

Contact:

3575 Donald Street, Suite 300
Eugene, OR 97405
541-344-8102

nina@functionalfoundationspeds.com
functionalfoundationspeds.com

Grand Rising Unlimited

Using a holistic approach, they provide community-based, family-based, and mentorship-based programs that empower youth to create higher standards and develop lifelong skills, while manifesting positive change. They do this by partnering with local schools, community leaders, academic and athletic organizations, and neighbours to work together in molding and preparing the next generation of leaders.

Contact:

1056 Green Acres Road #102-227
Eugene, OR 97408
541-650-5468

contact@grandrisingunlimited.org
grandrisingunlimited.org

Grow Pediatric Therapy

Using a holistic approach, they provide community-based, family-based, and mentorship-based programs that empower youth to create higher standards and develop lifelong skills, while manifesting positive change. They do this by partnering with local schools, community leaders, academic and athletic organizations, and neighbours to work together in molding and preparing the next generation of leaders.

Contact:

488 E 11th Avenue, Suite LL2
Eugene, OR 97401
541-359-1009

contact@growkidstherapy.com
growkidstherapy.com

HERO Kids

HERO Kids is a voluntary, no-cost system registry that lets any Oregon family share critical information about their child's health before an emergency. The information can be quickly and easily accessed by emergency medical services (EMS) and hospital emergency department (ED) providers, so they have the information they need when they need it. HERO Kids is for any Oregon child or young adult (through age 26). It is especially useful for young people with complicated or chronic health conditions, and for those who experience developmental disabilities or mental health conditions.

Contact:

OHSU
833-770-4376

herokids@ohsu.edu
ohsu.edu/occyshn/hero-kids

H.O.N.E.Y. - Honoring Our New Ethnic Youth

H.O.N.E.Y. offers a range of programs and services designed to support multi-ethnic, Black/African-American, African Diaspora, Indigenous, and people of color from all backgrounds, genders, and abilities. They are committed to creating an inclusive environment that extends to low-income allies, as they believe that poverty knows no color.

Their programs serve youth, adults, and families, with a focus on fostering connection, building relationships, and cultivating positive community experiences. Each initiative is crafted to uplift, empower, and support individuals across all stages of life.

BrainiPocs is a program created by H.O.N.E.Y. to help multiracial, Black, Indigenous, and students of color be successful in school by offering no-cost tutoring, homework, and reading support for K-12 students.

Contact:

PO Box 23241
Eugene, OR 97402
541-337-3670

honeynonprofit@gmail.com
honeynonprofit.org

Hosea Youth Services

At their Resource Center, strategically located on the corner of 8th and Monroe in Eugene, they support at-risk or homeless youth. They provide food, clothing, toiletries, outdoor supplies, showers, laundry facilities, computer access, charging stations, lockers, pet kennels, a napping room, first aid supplies, a toolbox, and a safe place off the streets. While they are meeting many physical needs, they are working to develop relationships in order to learn their story and how to best help them work through barriers.

Contact:

(Inside the church on 8th & Monroe)
834 Monroe Street
Eugene, OR 97402
541-344-5583

joe@hoseayouth.org
hoseayouth.org

Joeiful Connections

Through the Personal Connections program, they are individually acquainted with all families and the Direct Support Professionals who work for them. They believe that relationships make the difference, and having a personal connection to those they serve enables them to better support and connect families to available professionals and resources.

Contact:

2288 Liberty Street NE
Salem, Oregon 97301
503-765-5450

info@joiefulconnections.com
joiefulconnections.com

Kids FIRST

Kids FIRST is Lane County's Children's Advocacy Center. Their mission is to provide intervention and advocacy for children who are victims of, or witnesses to, crime. Children are referred to them directly by community partners, law enforcement, DHS Child Welfare, and medical professionals. Kids FIRST most often support children from child sexual abuse, physical abuse, severe neglect, or witness to domestic violence. Approximately 3/4 of the children they serve are under age 12.

Contact:

299 E 18th Avenue
Eugene, OR 97401
541-682-3938

info@kidsfirstcenter.net
kidsfirstcenter.net

KindTree - Autism Rocks

Provides support, services, and information to empower and improve the quality of life for individuals and families living with autism, and the professionals who serve them. Featuring peer support groups, music writing and performance, every Friday social groups, intro to adulting, make and take crafts, social skills discussion group, and drawing club.

Contact:

P O Box 40847
Eugene, OR 97404
541-780-6950

admin@kindtree.org
kindtree.org

Lane County Child and Adolescent Behavioral Health

Services include treatment for children, families, and adults. Services can be accessed through a variety of programs focusing on mental health issues. Child and Adolescent Program provides screening and referral, mental health assessments, psychiatric evaluations, medication management, therapy (individual, family, and group), early childhood interventions, and peer support through Oregon Family Support Network.

Contact:

2411 Martin Luther King Jr. Blvd.
Eugene, OR 97401
541-682-7253

laurie.kramer@lanecountyor.gov
lanecounty.org

Lane County Developmental Disabilities Services (DDS)

Lane County Developmental Disabilities Services strives to provide a responsive, cooperative lifespan delivery system of support, training, care, monitoring, protection and crisis response for persons with developmental disabilities and their families. Services are designed to maximize opportunities for self-determination and self-sufficiency. They value integration, independence, and productivity.

Contact:

2513 Martin Luther King Jr. Blvd
Eugene, OR 97401
541-682-3695

carla.tazumal@lanecountyor.gov
lanecounty.org

Lane County Early Assessment and Support Alliance (EASA)

Their purpose is to identify and treat young people at risk of developing psychosis or currently experiencing a first episode of psychosis. EASA team members collaborate across disciplines to create a program tailored to each client's unique needs. Services include individual and family counseling, occupational therapy, employment and educational services, peer support, and a medical team.

Contact:

1200 Hilyard Street, Suite 570
Eugene, Oregon, 97401
458-205-7070

LaneEASA@peacehealth.org
lanecountyeasa.org

Lane County - Family and Child Health

They offer individualized support by Registered Nurses and professional Family Support Specialists. They will give you 1:1 personalized support in connecting to and navigating community resources, along with parenting education, and being a person you can trust. Registered Nurses or family support specialists come to meet with you in your home or place of your choosing to help you be the best parent you can be!

Contact:

151 W 7th Avenue, Suite 210
Eugene, OR 97401
541-682-3990

Rowen.Nido@LaneCountyOR.gov
lanecountyor.gov/family_child_health_programs

Lane County Social Security Administration

Provide services regarding social security numbers and cards, retirement benefits, SSDI disability benefits, medicare, and SSI supplemental security income. You will benefit from calling to schedule an appointment and ask which documents and information will be needed to apply.

Contact:

2504 Oakmont Way
Eugene, OR 97401
1-800-772-1213

www.ssa.gov

Lane County Youth Services

Provides assessment, probation, training, counseling, and detention services for all youth, ages 12-17 years old, referred by local law enforcement because of criminal behavior. Their mission is to reduce juvenile crime through coordinated prevention and intervention programs that hold justice-involved youth appropriately accountable; provides restorative, rehabilitative, and treatment services for youth and their families using evidence-based best practices and data-driven decision-making; promote healthy family interactions; prevent, reduce, and resolve family conflict; protect victims' rights during all phases of Court proceedings; and safeguard our communities. The department is organized into units: Administration, Detention and Custody, Food & Nutrition, Restorative Services, MLK Education Center, Phoenix Treatment, and Supervision.

Contact:

2727 Martin Luther King Jr. Blvd.
Eugene, OR 97401
541-682-4700

Patti.ROBB@lanecountyor.gov
lanecounty.org/cms/ys

LILA - Lane Independent Living Alliance

Empowering people with disabilities with services including: advocacy, assistive technology, ADA technical assistance, benefits planning, budgeting, housing searches, job search skills, information and referral, mental health recovery support, peer support, SSI/SSDI application support, and support groups.

Contact:

20 E 13th Avenue
Eugene, OR 97401
541-607-7020

lila@lilaoregon.org
lilaoregon.org

Live.Grow.Share.

Live. Grow. Share. (L.G.S.) is a pioneering Peer-Run Behavioral Health Organization in Oregon, distinguished by its unique approach to mental health services. Their team, comprised of individuals who have navigated similar journeys, offers a blend of professional training and lived experience, fostering trust and understanding in a way that is rarely achieved in traditional settings.

Contact:

1966 Garden Avenue
Eugene, OR 97403
541-505-9190

intake@livegrowshare.org
livegrowshare.org

Looking Glass Youth & Family Services

Looking Glass offers a continuum of services, from prevention to treatment, including Counseling, Runaway and Homeless Services, Education & Vocational Services, and Residential Services. **A 24-hour information helpline is available at 541-689-3111.**

Contact:

1790 West 11th Avenue, Suite 200
Eugene, OR 97402
541-686-2688

admin@lookingglass.us
lookingglass.us

Mainstream Housing Incorporated

They support affordable housing options for individuals and households with family members who experience and intellectual or developmental disabilities. They are committed to developing housing and housing support services that work for people and lead to success in retaining housing.

Contact:

895 Country Club Road, Suite B-150
Eugene, OR 97401
541-484-4868

mainstreamhousing.org

Makki's Catch

Their goal is to help families in need cover costs associated with receiving mental health treatment for their teens.

Contact:

Director - Les Phillipo
541-501-4320

lesphillipo@gmail.com
makkiscatch.org

Mobile Crisis Services of Lane County

Crisis de-escalation and safety planning. Access to certified mental health professionals. Access to client focused resources. Coordination with existing providers. They provide direct referrals for behavioral health care and transportation coordination. Follow-up check within 72 hours of contact. Naloxone administration (also known as Narcan)

Contact:

Call or Text 988
541-682-1001

lanecountyor.gov/mobile_crisis_services_of_lane_county

NAACP Lane County - National Association for the Advancement of Colored People

NAACP serves as a source of cohesion for local communities of color. Lane County activities include implementing education programs, public awareness events, community building, and coalition work towards cultural inclusion. Additionally, the Eugene/Springfield NAACP provides support to other regional offices.

Contact:

4646 Barger Drive
Eugene, Oregon 97402
541-484-1119

info@naacplanecounty.org
naacplanecounty.org

NAMI Lane County

NAMI (National Alliance on Mental Illness) Lane County is a grassroots, confidential, peer-led mental health organization offering support, education, and advocacy services in Lane County at no cost to the participant. They offer a mental health resource center, provide updated mental health information through a regular newsletter, host regular support and education meetings for peers and family members, and present workshops regarding mental health topics.

Contact:

129 9th Street
Springfield, OR 97477
541-343-7688

resourcecenter@namialane.org
namilane.org

North Star Pathways

North Star Pathways is a unique center for disabled people in and around Lane County. They have been serving people since July 2014. They empower youth and their families through person-centered thinking, community partnering, and employment-first modeling. After school students will volunteer in the community, tour local businesses, and use their strengths and gifts to guide the program. Youth ages 11 - 17 experiencing a developmental disability, the foster care system, or generational poverty.

Contact:

2809 Shirley Street
Eugene, OR 97404
541-972-0775

nspstaff2025@gmail.com
northstarpathways.org

NW Psychiatry

NW Psychiatry offers comprehensive psychiatric assessment & treatment for depression, anxiety, pain management, bipolar disorder, OCD, and other mental health concerns. Dr. Bill Salbador is committed to providing an accurate diagnosis and creating a treatment plan that is unique to each patient. Their mission is to assist clients in leading a life free from disruptive and harmful attitudes and behaviors.

Contact:

401 E 10th Avenue, #230
Eugene, OR 97401
541-684-0154

drsalbador@nwpsychiatry.com
nwpsychiatry.com

Open Adoption and Family Services

Free all-options pregnancy counseling has always been at the heart of their mission. They believe that all pregnant people should have access to unbiased reproductive health choices and meaningful support for whichever path they choose: abortion, parenting, or adoption.

Contact:

150 Shelton McMurphey Blvd #204
Eugene, OR 97401
1-800-772-1115

info@openadopt.org
openadopt.org

Oregon Community Programs (OCP)

They provide a range of evidence-based behavioral health and rehabilitation interventions, including: Treatment Foster Care Oregon (TFCO), Keeping Foster and Kinship Families Supported (KEEP), Parent Child Interaction Therapy (PCIT), Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Services informed by Parent Management Training Oregon (PMTO).

Contact:

1170 Pearl Street
Eugene, OR 97401
541-743-4340

info@oregoncp.org
oregoncommunityprograms.org

Oregon Family Support Network

Oregon Family Support Network supports families who have children with emotional, behavioral, or mental health needs. Child Care is provided at no cost. Call for information regarding dates, times, and locations in Lane County. Programs are also available for youth, ages 11 - 18, who struggle with mental, emotional, and/or behavioral challenges. OFSN also provides family peer support, their staff members are primarily family members with lived experience. **Parent Warmline: 1-800-323-8520.**

Contact:

72 A Centennial Loop, Suite 150
Eugene, OR 97401
541-342-2876

south-region@ofsn.net
ofsn.org

Oregon Social Learning Center

The Oregon Social Learning Center is a non-profit, collaborative, multidisciplinary research center dedicated to increasing the scientific understanding of social and psychological processes related to healthy development and family functioning. They apply that understanding to the design and evaluation of interventions that strengthen children, adolescents, families, and communities.

Contact:

10 Shelton McMURPHEY Blvd
Eugene, OR 97401
541-485-2711

tracir@oslc.org
oslc.org

OHSU CaCoon Care Coordination

CaCoon is a statewide public health nurse home visiting program. CaCoon nurses help families coordinate care for their children and youth with special health needs. The program has operated in most Oregon counties for over 20 years. Children served in the CaCoon program make fewer visits to the emergency department. They also have higher rates of immunization, annual well-child, and dental care visits. CaCoon serves children ages 0 - 21. The most vulnerable families, such as those with a newly diagnosed infant, are prioritized for services.

CaCoon nurses partner with families to identify the child's strengths and needs, connect with healthcare and other community supports, make sure the child's health team works well together, help gather information to make health-related decisions for the child, identify problems and help find solutions. For youth with special health needs aged 12 - 21, some counties offer CaCoon services to prepare for the transition to adult health care, work, and independence.

Contact:

Kimberly Tice - Coordinator
503-418-1462

ticek@ohsu.edu
ohsu.edu/occyshn/cacoon

Ophelia's Place

Ophelia's Place is an empowering resource and support center for girls and girl-identified youth ages 10 - 18. Services include resource information, referrals, strength-based counseling by appointment, support groups, skill-building activities, and leadership opportunities.

Contact:

1577 Pearl Street #100
Eugene, OR 97401
541-284-4333

info@opheliasplace.net
opheliasplace.net

Options Counseling and Family Services

Options Counseling and Family Services provides family preservation, behavioral health services, parenting classes, AFFIRM groups for LGBTQ+ youth, and other family support services to families and individuals in 14 Oregon counties.

Contact:

360 E 10th Avenue, Suite 450
Eugene, OR 97401
541-687-6983

options.org

Oregon Post Adoption Resource Center (ORPARC)

The journey doesn't end with adoption; it has just begun. Navigating the path ahead calls for compassionate, trauma-aware, adoption-competent help. They mobilize caregivers, connecting them to community supports that promote hope & healing for their children and youth. ORPARC website includes a library of resources and training videos.

Contact:

6443 SW Beaverton Hillsdale Highway, Suite 205
Portland, OR 97221
800-764-8367

orparc@nwresource.org
orparc.org

Oregon Social Learning Center (OSLC)

OSLC Community Programs is a private nonprofit, collaborative, multidisciplinary research center dedicated to increasing scientific understanding of social and psychological processes related to healthy development and family functioning. This includes the Adolescent and Family Service program that delivers proven treatment for teens with alcohol and drug problems.

Contact:

10 Shelton McMurphey Blvd
Eugene, OR 97401
541-485-2711

info@oslccp.org
oslccp.org

Pacific Refugee Support Group

They provide refugees, asylum seekers, and community members newly arriving in the Pacific Northwest the social capital necessary to transition into a successful life in the U.S. through five response areas: Community Wellness, Community Aid, Community Education, and a Community Legal Clinic. Each of these areas is strengthened by the volunteer and partner organizations fostered through our focus on Community Connection.

Contact:

576 Olive Street #207
Eugene, OR 97401

info@pnwrsq.org
pnwrsq.org

Parenting Now

Parenting Now offers parenting education and support services for parents with infants and young children. Programs include Incredible Infants, Wonderful Ones, Terrific Twos, Parents Again (for parents of siblings), Program for Young Parents, Make Parenting a Pleasure, Baby Connections lactation consultation, and Playtime for Parents and Children.

Contact:

86 Centennial Loop
Eugene, OR 97401
541-484-5316

info@parentingnow.org
parentingnow.org

Pearl Buck Center

Pearl Buck Center in Eugene, Oregon provides support to individuals with a range of intellectual disabilities and their families. Their programs include Pearl Buck Preschool & Family Supports, Supported Living, Community Employment, and more. Through these programs, they strive to foster each person's optimal potential, empower them, and enrich their lives.

Contact:

3690 W 1st Ave.
Eugene, OR 97402
541-484-4666

info@pearlbuckcenter.com
pearlbuckcenter.com

PeaceHealth Youth HUB

The Hub is a person-centered program that works with a diverse team of caregivers in a variety of settings, creating a treatment experience that is uniquely designed for each client. The Hub aims to engage people ages 11 - 24 in treatment that doesn't look like traditional mental health treatment to support wellness.

Contact:

1200 Hilyard Street
Eugene, OR 97401
458-205-7070

HGrove@peacehealth.org
peacehealth.org/locations/eugene/youth

Plaza de Nuestra Comunidad

Centro Latino Americano, Downtown Languages, and Huerto de la Familia have joined together to create a brand new nonprofit serving Latino and immigrant families in Lane County. Their mission is to support the lives of Latinx and immigrant community members by creating a safe space that fosters leadership, education, wellness, and connection. All of their staff are bilingual, and most volunteers and board members are too. Programs include social services, mental health, substance abuse, and youth mentors.

Now hosting an Emergency Dental Clinic. Appointments are available from March through August, and all services are provided at no cost. Call 541-687-2667 with questions or to schedule an appointment. Services offered include: tooth extractions, treatment for tooth pain, cavities, wisdom teeth, and A1C (blood sugar) screenings.

Contact:

944 W 5th Avenue
Eugene, OR 97402
541-687-2667

website@plazacomunidad.org
plazacomunidad.org

532 C Street
Springfield, OR 97477
541-686-8483

Problem Solvers

Connecting young Oregonians ages 13 - 17 with volunteer attorneys. Volunteers provide thirty-minutes of information and legal advice for free. Hosted by the Oregon State Bar which regulates lawyers, promotes justice, and protects the public. Disaster Relief, Health and Safety, Education, Wills & Life Planning, Family, Disability, Housing, Immigration, Money, Debt, and Consumer Issues, Government Benefits, Work, and Employment. Available Monday through Friday 8 a.m. - 5 p.m.

Contact:

503-684-3763
800-452-7636 (toll free)

oregonlawhelp.org/referrals/problem-solvers

Psych NW

Dr. Scott Alvord and team offer comprehensive treatment recommendations that have the potential to profoundly change lives. We recognize the significance of obtaining accurate diagnoses, as they form the foundation for effective interventions. In times of mental health crisis, their commitment to getting it right from the start remains unwavering. Testing services include adult neuropsychological evaluation and training, pediatric and young adult neuropsychological evaluation and testing, specialty testing clinic (ADHD, LD, and ASD), and forensic neuropsychological evaluation and testing.

Contact:

PO Box 671
Donald, OR 97020
503-877-0711

psychnw@psychnw.com
alvordpsychological.com

Quality Care Connections of Lane County

Quality Care Connections is a community-based program that works to ensure safe, quality, and affordable child care is accessible to families in Lane County. Trained parent consultants provide personalized referrals to child care options including centers, preschools, school-age recreational programs, and family providers. Parents receive research-based assessment information and other resources.

Contact:

Quality Care Connections
4000 E. 30th Avenue
Eugene, OR 97405
541-463-3954

qualitycareconnections@lanecc.edu
lanecc.edu/lfc

Queer Eugene

Organizing support, resources, and community for queer folks in the state of Oregon. Programs include clothing assistance, a youth pride festival, and various community events.

Contact:

Eugene, OR 97405
541-343-9706

Programs@QueerEugene.org
queereugene.org

850 S 42nd Street
Springfield, OR 97478

Relief Nursery

Relief Nursery works to prevent the cycle of child abuse and neglect through early intervention that focuses on building successful and resilient children, strengthening parents, and preserving families. Services include early childhood therapy, drug and alcohol recovery support, outreach and crisis intervention, mental health and counseling, healthy families, ancillary services, and respite care.

Contact:

1720 West 25th Avenue
Eugene, OR 97405
541-343-9706

development@reliefnursery.org
reliefnursery.org

850 S 42nd Street
Springfield, OR 97478
541-485-0007

RISE

RISE provides services for people with disabilities including residential settings, day programs, employment assistance, managed care, and home and community based services.

Contact:

1500 Valley River Drive, Suite 270
Eugene, OR 97401
541-246-3697

info@riseservicesinc.org
riseservicesinc.org

Riverview Center for Growth

Provides individualized, diagnostic, therapeutic, and educational services for the emotional and behavioral issues children exhibit in the home, school, and community throughout Lane County. Services include mental health assessments, outpatient services, day treatment services, parenting classes, crisis response services, wellness programs, and peer support from trained staff who have gone through similar life experiences, and will help with skill building, case management, and more!

Contact:

3995 Marcola Road
Springfield, OR 97477
541-726-1465

info@riverviewgrowth.org
riverviewgrowth.org

Safe Families - Lane County

Senior and Disability Services (S&DS) has three full-service offices in Eugene, Florence, and Cottage Grove. These offices provide a multitude of services including Adult Protective Services, case planning and case management for those in need of long term care, determining eligibility for Medicaid and SNAP benefits, information and referral through the aging and disability resource connection, licensing, and monitoring adult foster care homes. Limited service locations in Junction City, Oakridge, and Veneta. Please visit website for contact information for each site.

Contact:

921 Country Club Road, Suite 222
Eugene, OR 97401
541-515-SAFE (7233)

CindyR@cafaweb.com
safefamilieslanecounty.org

Senior and Disability Services

Senior and Disability Services (S&DS) has three full-service offices in Eugene, Florence, and Cottage Grove. These offices provide a multitude of services including Adult Protective Services, case planning and case management for those in need of long term care, determining eligibility for Medicaid and SNAP benefits, information and referral through the aging and disability resource connection, licensing, and monitoring adult foster care homes. Limited service locations in Junction City, Oakridge, and Veneta. Please visit website for contact information for each site.

Contact:

1015 Willamette Street
Eugene, OR 97401
541-682-3353

lcog.org/sdslane

Shift Community Cycles

Shift programs provide access, education, and outreach to build a stronger cycling community and sustainable future. They are committed to removing barriers in cycling. Their dedicated team of volunteers, employees, and community partners help connect people with bicycles.

Contact:

811 W 6th Avenue
Eugene, OR 97402
541-728-2453

info@shiftcc.org
shiftcc.org

Silvernail NW

With direction from supported people, families, ISP teams, and informed by Oregon Administrative Rules, SilverNail NW works closely to ensure person-centered and least restrictive Positive Behavior Support Services.

Contact:

PO BOX 12991
Salem, OR 97309
503-949-0495

admin@silvernailnw.com
silvernailnw.com

Smart Living, Learning & Earning with Autism (SLLEA)

SLLEA serves adults with higher functioning autism, working with them to achieve and maintain meaningful independence and self-sufficiency in their lives. Our comprehensive program of autism-specific direct supports, skills and social training, and use of self management technology is carefully designed to foster sustained personal growth and self-confidence across three pivotal adult transition areas: independent living, higher education, career exploration, and meaningful employment.

Contact:

PO BOX 5236
Eugene, OR 97405
541-554-7642

info@sllea.org
sllea.org

Springfield - Eugene Tenant Association

SETA is a 501(c)(3) non-profit, public service organization that is dedicated to renters' rights and interests. They serve as a resource and an information hub, provide a free hotline community support, strive to provide the most up-to-date resources and information for renters in need, report and highlight on local data to help support affordable and accessible housing, collaborate with state and local partners on best practices to serve communities, and stand in solidarity with social justice partners to fight back against hate and discrimination.

Contact:

541-255-2550

naguayo@springfieldeugenetenantassociation.com
springfieldeugenetenantassociation.com

Swindell's Resource Center

Swindell's Resource Center supports parents and caregivers of children who have special health, behavioral or developmental needs. They provide video resources, information, and education to communities throughout Oregon and southwest Washington.

Contact:

Provided by Providence
503-215-2429

swindells@providence.org
providence.org/swindells-resource-center

Transponder

Transponder is a transgender founded and led nonprofit in Eugene that provides support groups, resources, food pantry, clothing closet, programs, events, and education for the trans/gender-diverse community and their allies.

Contact:

1590 Willamette Street
Eugene, OR 97401
541-321-0872

info@transponderoregon.org
transponder.community

University of Oregon - HEDCO Clinic

The HEDCO Clinic is a multi-disciplinary, integrated training clinic within the College of Education. Staff are College of Education faculty researchers and clinicians who have developed comprehensive, evidence-based services in the areas of autism, speech-language-hearing, cognitive and language abilities after brain injury, mental health counseling, academics, and learning. The HEDCO Clinic also provides students with unique clinical and research training opportunities in an integrated healthcare setting.

Contact:

1655 Alder Street
HEDCO Education Building, Ste. 170
Eugene, OR 97403
541-346-0923

clinics1@uoregon.edu
hedcoclinic.uoregon.edu

Vista Counseling

Vista is available for educational consultations to address ADHD and learning challenges. With offices in Eugene and Portland and Online Video Therapy throughout all of Oregon, the Vista team is dedicated to helping you reach your full potential. They have helped thousands of individuals, families, and couples overcome conflict, anxiety, eating-disordered behavior, depression, and stress.

Contact:

1531 Pearl Street
Eugene, OR 97401
541-517-9733

welcome@vistapsych.com
vistapsych.com

WellMama

WellMama is a non-profit organization that provides comprehensive pregnancy and postpartum support for new, expectant, and grieving parents.

Contact:

576 Olive Street, Suite 205
Eugene, OR 97401
541-525-0495

info@wellmamaoregon.org
wellmama.help

White Bird Clinic

White Bird Clinic offers a wide range of programs and services that are committed to providing client-centered and humanistic approaches to human services. Their highly qualified medical, mental health, and behavioral health professionals strive to meet each person where they are and empower them to regain control of their well-being. Their staff evaluates each person's needs and recommends both in and out-of-house programs and resources to support them in their healing process. Areas of service include basic needs, emergency help, health, recovery, and youth services.

Contact:

341 E 12th Avenue
Eugene, OR
541-687-4000

info@whitebirdclinic.org
whitebirdclinic.org/services

WIC

WIC is for pregnant people, new and breastfeeding moms, and children under 5. WIC helps improve the health of mothers and supports a healthy start for infants and children through: Nutrition education, Breastfeeding support, Healthy foods, Health screenings, and Referrals.

Contact:

151 W 7th Avenue, Room 210
Eugene, OR 97401
541-682-4202

robin.l.moulton@oha.oregon.gov
oregon.gov/oha/WIC

Youth Era

Youth Era works to empower young people and create breakthroughs with the dedicated systems that serve them. Supports include a drop-in center, young adult peer support specialists, wraparound youth partners, crisis response, training, and technical assistance.

Contact:

PO Box 583
Eugene, OR 97440
971-334-4141

hello@youthera.org
youthera.org

YouthLine

YouthLine is a free teen-to-teen crisis support and help line. YouthLine is confidential to a point- while they will never share conversations had on the lines, they are mandatory reporters. If a young person is unable to agree to safety for themselves or another person or if someone has experienced abuse or assault, YouthLine may contact other agencies to ensure the best support and safety for the young person in crisis.

Contact:

877-968-8491

Text "teen2teen" to 839863 to chat online with another tee

Email teen2teen@linesforlife.org

theyouthline.org

Academic Achievement Center

The Academic Achievement Center offers tutoring services that include homework help, individualized instruction, SAT/ACT preparation, and “no school day” learning camps.

Contact:

435 Lincoln Street
Eugene, OR 97401
541-654-4999

info@eugeneaac.com
eugeneaac.com

Bridgeway House

Bridgeway House provides services to children with autism and their families, including treatment therapies, social groups, support groups, advocacy, and a private school for grades K - 12.

Contact:

555 E 15th Avenue
Eugene, OR 97401
541-345-0805

office@bridgewayhouse.org
bridgewayhouse.org

Head Start of Lane County

Head Start offers comprehensive preschool education for children ages 0 - 5 from low-income families. Part-day, full-day, and community childcare are available. Health, social services, translation, nutrition, mental health, special education, advocacy, and parenting education are provided. Applications are accepted year-round. Part-day and full-day programs are available.

Contact:

221 B Street
Springfield, OR 97477
541-747-2425

admin@hsolc.org
hsolc.org

Kids in Transition to School (KITS)

Kids in Transition to School – or KITS – is an evidence-based school readiness program. The program helps boost children's literacy, self-regulation, and social skills just before kindergarten via a system of positive teaching and behavior-change strategies. The program focuses on both children and their families. KITS program is available at school districts throughout Lane County for children entering kindergarten in the fall.

Contact:

10 Shelton McMurphey Blvd
Eugene, OR 97401
541-485-2711 Ext. 1321

KITS@oslc.org
kidsintransitiontoschool.org

Lane Community College - Black Student Union

The Black Student Union is a student-based organization focused on the cultural, social, and academic needs of African-American students attending Lane Community College. It seeks to build cultural and community bridges in the general context of the academic environment. The BSU is involved with the sponsorship of three campus/community events during the academic year: Kwanzaa; the Martin Luther King, Jr. Celebration; and Black History Month. The BSU is open to all students, regardless of race, creed, color, religious affiliation, or sexual orientation.

Contact:

4000 East 30th Avenue
Eugene, OR 97405
541-463-5340

ritesofpassage@lanecc.edu
lanecc.edu/black-student-union

Lane ESD - African American/Black Student Success

The purpose of the Lane African American/Black Student Success Program is to improve academic outcomes for African American/Black students and to achieve a vision of an equitable education system in Lane County.

Contact:

1200 Highway 99 N
Eugene, OR 97402
541-461-8200

laneaabss@lesd.k12.or.us
facebook.com/LaneAABSS

The Learning Lab

Join them on a learning journey tailored just for youth. Embrace the world of math, science, and social sciences with their experienced tutors. Learning doesn't have to be difficult so whether you're in K - 12 or college, they've got you covered. If you are BIPOC or are low-income, they can work with you to find a price that works. They believe everyone has the right to accessible education and resources.

Contact:

545 Helen Street
Eugene, OR 97404
323-975-3576

laurafmtutor@gmail.com
thelearninglab.com

Move Up Tutoring

Staff customizes each lesson to help students develop skills that will set them up for success. Their student-centered tutoring services infuse proven Montessori learning approaches into each session, so students receive the specialized instruction they deserve. Each session is guaranteed to be individualized so that learning style is honored, ever-changing academic needs are met, self-esteem and confidence increase, and enthusiasm for learning returns.

Contact:

3799 Kincaid Street
Eugene, OR 97405
541-583-0030

clint@moveuptutoring.com
moveuptutoring.com

Arc of Lane County - EmployAbility

The Arc believes in helping people not only be in the community but be a part of the community through integrated employment. Whether it's retail, manufacturing, clerical or food services, The Arc helps adults find jobs where they can utilize their strengths, contribute to their community and provide value. There are several components to The Arc's EmployAbility program including:

- Discovery – helps adults determine their employment preferences, interests and support needs.
- Employment PATH – allows adults to explore potential opportunities, learn about their strengths and what it means to be employed.
- Job Development & Coaching – helps adults with their job search and job placement and provides on-site job coaching.
- Starting soon! Summer Work Program– focuses on teaching workforce readiness to young adults (ages 16 - 21), which includes hands-on classroom learning and paid, community-based internships.

Contact:

4181 E Street
Springfield, OR 97478
541-343-5256

info@arclane.org
arclane.org

Connected Lane County

Connected Lane County is a mission-driven organization striving to improve employment outcomes for underserved youth in Lane County. Their programs help young people overcome barriers to life and learning while supporting their growth. Elevate connects youth to career learning through job shadows and internships. Spark offers safe spaces for hands-on STEM learning. Excelerators provide fast-track training in high-demand fields like Culinary, Health, Manufacturing, and Technology. They also offer the Agency, BIPOC Blueprint, Drop-In Services, Youth Support Specialist training, and more.

Contact:

Spark on 7th
22 West 7th Avenue
Eugene, OR 97401
541-654-4095

info@connectedlane.org
connectedlane.org

Contact:

Spark at Booth Kelly
303 S 5th Street, Suite 150
Springfield, OR 97477
541-654-4095

Cornerstone Associates

Cornerstone Associates create meaningful employment and community involvement opportunities for people with intellectual and developmental disabilities. By committing to their mission, they proudly service those who need support, and in doing so, they serve the entire community.

Contact:

1445 Crystal Lake Drive
Corvallis, OR 97333
541-752-9724

info@cornerstoneassoc.org
cornerstoneassociates.org

FOOD for Lane County - Youth Farm

The youth farm is a youth education program training teens in gardening, food systems, leadership development, and nutrition. Youth run an onsite farm stand located on Flamingo Avenue off South Game Farm Road in Springfield. An employment application is available by contacting Youth Farm. Volunteer positions are available as well.

Contact:

705 Flamingo Avenue
Springfield, OR 97477
541-343-2822

gardens@foodforlanecounty.org
foodforlanecounty.org

Goodwill Industries of Lane County

Goodwill's Job Connections program is their largest program serving around 700 people a month through our Oregon and Alaska locations. Their services are open to the public and are self-directed. Services include job search assistance, workshops, job leads, computer resources, job fairs, and referrals to both Goodwill programs and community partners.

Experienced Employment Specialists are available to encourage, and work with each individual to help identify skills, experience, interests, and obtain job leads in the community. They offer assistance with resumes, applications, cover letters, networking strategies, interviewing techniques, community resource referrals, and much more. Workshops are also offered each month to help individuals learn about job searching techniques, overcoming a criminal background barrier, interviewing, financial education, and workplace success.

Contact:

1010 Green Acres Road
Eugene, OR 97408-6501
541-431-3309

info@goodwill-oregon.org
goodwill-oregon.org

Lane Community College - Career Pathways

In Career Pathways, they help you earn short-term certificates or training of one year or less by connecting you with workforce agencies, social services, and grant programs. Currently, they have programs to support LCC students who are: SNAP recipients, Vocational Rehabilitation Clients, English Language Learners, and First Generation Immigrants, being funded by workforce partner agencies.

Contact:

Building 4, Room 210
4000 E 30th Avenue
Eugene, OR 97405
541-463-4701

careerpathways@lanecc.edu
lanecc.edu/career-pathways

Lane County Youth Services - (WIA) Workforce Investment Act Youth Program

The purpose of youth programs funded through the Workforce Investment Act (WIA) is to prepare youth to be the future workforce as well as lifelong learners and contributing members of the community. This is expected to be the result of:

- Providing all registered youth with any of the ten mandated service elements they need in order to achieve success. This is done after an objective assessment process identifying what services are needed and developing a plan.
- Developing collaborative relationships with other programs, school districts, and employers. Linking academic and occupational learning throughout the youth's program involvement.
- Incorporating summer education and work activities as part of a year-round program.
- Creating strong connections between youth participants and employers so that youth understand the employers' expectations on the worksite.
- Providing follow-up services to all youth for at least a year after they exit from a program.
- Preparing youth for postsecondary educational/training opportunities and/or unsubsidized employment. Emphasizing literacy improvement (basic skills and computer literacy) as the primary goal for youth to achieve while in their programs.
- Addressing the disconnect between what youth know and what employers expect.

Contact:

Lane County Youth Services
Martin Luther King Jr Education Center
2727 Martin Luther King Jr. Blvd.
Eugene, OR 97401
541-682-4700

Matthew.Sterner@co.lane.or.us
lanecounty.org/cms/youthservices

Lane WorkForce Partnership

In partnership with community partners, Lane Workforce Partnership provides targeted employment services designed to empower eligible adult job seekers in identifying or reestablishing a career path that will promote their success. WorkSource Oregon offers a range of employment services, including career assessment, job training programs, and job search support. Whether individuals are presently unemployed or already in the workforce, they can turn to WorkSource Oregon for guidance and resources to achieve success.

Contact:

2510 Oakmont Way
Eugene, OR 97401
541-686-7601

cindy@laneworkforce.org
laneworkforce.org

McKenzie Personnel Systems

McKenzie Personnel Systems provides all aspects of supported employment, community inclusion, and supported living services. All of their supports are based on the individuals' needs and desires. They strive to provide individualized services, trained and supportive staff, and consumer-driven service planning for people with disabilities seeking employment, inclusion, and recognition in their community.

Contact:

315 5th Street
Springfield, OR 97477
541-344-0549

staffing@mckenziepersonnel.com
mckenziepersonnel.com

Northwest Youth Corps

Since 1984, Northwest Youth Corps have been providing opportunities for youth and young adults to learn, grow, and experience success. Their programs focus on education, challenge, community, leadership, and empowerment, and typically include epic outdoor experiences in some of the most wild and scenic places on Earth. Their programs include residential conservation crews for both youth and young adults, local community crews, community wildfire protection crews, an internship program for college-aged participants, and a fully accredited high school.

Contact:

2621 Augusta Street
Eugene, OR 97403
541-349-5055

info@nwyouthcorps.org
northwestyouthcorps.org

Reality Kitchen

Reality Kitchen is a nonprofit organization dedicated to providing employment path experiences that nourish and inspire all learners, with and without disabilities. They serve delicious food while fostering personal and professional growth through supportive resources in an inclusive community setting. They support Latinx-owned businesses and help provide new mental health support for caregivers and their kids.

Contact:

645 River Road
Eugene, OR 97404
541-337-1323

jim.evangelista@realitykitchen.org
realitykitchen.org

SLLEA - Smart Living, Learning, and Earning with Autism

SLLEA serves adults with higher-functioning autism, working with them to achieve and maintain meaningful independence and self-sufficiency in their lives. They offer vocational career counseling and testing, career exploration, building job skills and experience, and mentoring with local professionals.

Contact:

PO Box 5236
Eugene, OR 97405
541-554-7642

info@sllea.org
sllea.org/employment

Supported Employment Services

Their mission is to secure paid jobs, teach life skills, facilitate independence for people with disabilities, and interdependence with their communities. Supported Employment Services is certified by the State of Oregon, Vocational Rehabilitation Division, Department of Human Services and Oregon Commission for the Blind to provide vocational services to people with disabilities. They comply with the mandates of section 504 of the Rehabilitation Act of 1973, the Civil Rights Act of 1964, and the Americans with Disabilities Act.

Contact:

711 Country Club Rd 1-A
Eugene, OR 97401
541-687-0687

bspencer@lesd.k12.or.us
supportedemploymentservices.com

Youth Transition Program - Lane ESD

The Youth Transition Program is a collaboration between the Vocational Rehabilitation Division, Oregon Department of Education, University of Oregon, Lane County school districts, and Career Learning. The program serves students on Individual Education Plans (IEPs), assisting with academic, vocational, independent living, and personal-social skills so students can experience success in the workforce.

Contact:

1200 Highway 99 North
Eugene, OR 97402
458-234-7216

bspencer@lesd.k12.or.us
lesd.k12.or.us/transition-program